

ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

March 2014

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DEVELOPMENTS IN MODELS OF CARE

ARTHRITIS ALLIANCE OF CANADA INFLAMMATORY ARTHRITIS MODEL OF CARE

Click [here](#) to view Dr. Dianne Mosher discussing the AAC Inflammatory Arthritis Model of Care development. This interview was filmed at the 69th Annual Canadian Rheumatology Association meeting in Whistler BC, published by Arthritis Broadcast Network.



CENTRE HOSPITALIER UNIVERSITAIRE DE QUÉBEC

The Early Arthritis Screening and Treatment (EAST) program was implemented at the CHU de Québec with the aim to increase the number of persons with early arthritis seen within the recommended guidelines. The triage clinic team (physiotherapists, nurse, rheumatologists and residents) started seeing patients in September 2013 and we are documenting our progress for a report due in early 2015. However, we know that we have not been able to impact significantly on our waiting list because of the constant pressure from the new referrals and follow-ups. This has forced us to rethink the whole trajectory of care for our arthritis patients. Inspired by the [AAC Model of Care](#), the CHU de Québec has formed an Advisory Committee on arthritis care that will make recommendations and provide assistance to implement a new care trajectory at the CHU de Québec.

THE ARTHRITIS PROGRAM

The Arthritis Program (TAP) at Southlake Regional Health Centre in Newmarket, Ontario is an award winning interprofessional, patient centred Model of Care. With the support of the Canadian Initiative for Outcomes in Rheumatology Care (CIORA), the TAP-Interprofessional Training Program (TAP-ITP) was developed in

response to interest among clinicians wishing to foster their own team growth using the TAP model. Training program pilot outcomes from 14 teams across Canada demonstrate sustained improvement in knowledge, skills and attitudes related to interprofessional care.

In January 2014, The Arthritis Program - Interprofessional Training Program (TAP-ITP) was delivered to the Edmonton Rheumatology Program at Alberta Health Services. Over 20 clinicians (rheumatologists, nurses, physical therapists, occupational therapists & pharmacist), managers and support personnel spent two days engaging in team development and dialogue to create



a common vision for arthritis care. Edmonton Rheumatology has earned a reputation as a comprehensive, quality program, offering a range of clinics and services to patients in Edmonton, Northern Alberta and beyond. The workshop fostered growth and appreciation among the participants, enabling the team to further their journey together on the road to success!

MEMBER'S CORNER

ARTHRITIS ALLIANCE OF CANADA CONSUMER GROUP UPDATE

Consumer “reporters” interviewed more than 30 leading professionals at the Arthritis Broadcast Network Booth during last month’s Canadian Rheumatology Association and Arthritis Health Professions annual meetings. Starting March 14, feature interviews will be posted daily on the ABN YouTube channel at <http://bit.ly/ABNYouTube>. We invite everyone to share the interviews with their networks to strengthen the public profile of arthritis leaders in Canada.



ABBVIE

AbbVie creates art gallery to provide new Perspectives on IMIDs



AbbVie launched 'Perspectives – Art, Inflammation and Me', an initiative designed to add a different dimension to the current understanding of immune-mediated inflammatory diseases (IMIDs) and their impact. More than 100 unique artistic expressions debuted at ECCO in Copenhagen. Perspectives will visit various art galleries and medical conferences (dates and locations to be confirmed).

In Canada, AbbVie paired twelve students from the Alberta College of Art + Design with someone impacted by an IMID to create an artwork representing how it feels to live with a chronic disease. The result was a variety of paintings, sculptures and photographs that depicted their personal experience.



For additional information: <http://abbvie.mediaroom.com/2014-02-20-AbbVie-Announces-New-Art-Gallery-Designed-To-Provide-Perspectives-On-The-Impact-Of-Chronic-Inflammatory-Diseases>

ARTHRITIS CONSUMER EXPERTS

At the recent Canadian Rheumatology Association and Arthritis Health Professions Association annual meetings held at Whistler, B.C., ACE’s Cheryl Koehn and Kelly Lendvoy conducted workshop presentations on “Advocacy and Arthritis.”

ACE shared its Advocacy Cycle model and provided case studies of national and provincial campaigns it has recently conducted. If you want to learn more or receive a copy of the ACE Advocacy Presentation, please contact Kelly at lendvoy@jointhealth.org.

National Arthritis Awareness Program (NAAP) update

On March 18, Drs. John Esdaile and Carlo Marra delivered the 4th continuing education session to Shoppers Drug Mart pharmacists across Canada as part of the Arthritis Consumer Experts-Arthritis Research Centre of Canada-Shoppers Drug Mart Arthritis Program. The session featured an evidence-based osteoarthritis of the knee

MEMBER'S CORNER

screening tool developed from Dr. Marra's research work in pharmacy. His research showed that a simple, easy-to-administer questionnaire was as accurate at detecting osteoarthritis of the knee as an MRI, and is cost-saving to the healthcare system.

ARTHRITIS HEALTH PROFESSIONS ASSOCIATION

The Arthritis Health Professions Association (AHPA) was pleased to join the Canadian Rheumatology Association for the Annual Scientific Conference and Meeting held in Whistler, British Columbia from February 26 - March 1, 2014. We held our 6th annual pre-course for allied health professionals with 93 attendees. Our excellent line-up of speakers included Dr. Shahin Jamal (Biologics Update – What's New, What's Old, What's Coming); Dr. Maysan Abu Hakima (Update on Gout); Cheryl Kohen - Arthritis Consumer Experts (Patient Advocacy/Access Issues); Dr. Linda Li - physiotherapist (Inflammatory Arthritis and Activity); and Alison Hoens - physiotherapist (Outcome Measures).

We were very pleased to present a number of awards:



Left to right: Dr. Carter Thorne, Jane Cottrell, Leslie Soever

Extraordinary Service - Terri Lupton, received this award for her longstanding dedication and service to the AHPA and the arthritis community.

AHPA Clinical Innovation Award - Sydney Brooks (Lineker), Elizabeth Badley, Mary Bell, Vernon Curran, Lisa Fleet, Fran Kirby, Peter Tugwell, Bob Glynn, Anuj Charan for "Getting a Grip on Arthritis Online"

The Arthritis Society Research Award - Judit Takacs for her research "The effect of dynamic balance training on balance and physical function in those with knee osteoarthritis"

Arthritis Research Foundation Movement and Mobility Award - Gail Paterson for her research "Pilot test of a pragmatic randomized control trial of the OA GO AWAY, a self-management intervention to promote prescribed exercise and physical activity for patients with knee and hip osteoarthritis"

ARTHRITIS PATIENT ADVISORY BOARD

We have a new name and soon a new look. "Arthritis Patients Advisory Board" is the new title for the former CAB moniker. The board felt it was timely to re-brand to better define our mandate. The tag line "Partners in Arthritis Research" will follow below APAB. ARC approves the change.

Sheila Kerr, our wonderful co-chair, is stepping down to travel more and visit her global family. She will still be active with APAB but we won't have her brilliant organizing skills, ever-cheerful persona and professionalism on a daily basis. A true gem and we thank her for all her hard work!

We would like to welcome Marilyn Muldoon, APAB member/Sjogren's patient, as the new AAC delegate for APAB. Although Sheila has left some big shoes to fill we feel confident that Marilyn will provide great contributions and represent our group well.

THE ARTHRITIS SOCIETY

BC & YUKON DIVISION

Cassie & Friends bring Kids on the Block

Cassie & Friends is a long-time partner of The Arthritis Society, BC & Yukon Division, and they are a parent-led society serving those affected by juvenile arthritis.

Part of their awareness campaign is to educate children, teachers and school counsellors in elementary schools through their "Kids On The Block" program, to show that kids with arthritis can do anything! Their educational performance features a troupe of near life-sized puppets that dress and act like real children. The program is powerful in helping break down inhibitions, and in enabling children to be candid with their questions and concerns.

To date, the performers have reached over 10,000 elementary school children throughout BC.

QUEBEC DIVISION

ARTHRITIS IS A SERIOUS DISEASE LET'S HAVE A SERIOUS DISCUSSION

1st Quebec Forum on Arthritis

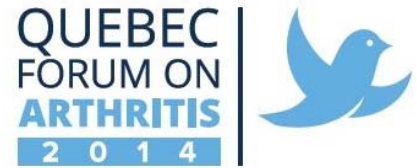
The inaugural Provincial Forum on Arthritis, presented by The Arthritis Society, runs October 18, 2014 at the Montreal Palais des Congrès. More than 30 conferences will be presented by experts, exploring topics that include arthritis types, nutrition, alternative treatments, orthopedic surgery, personal finances, arthritis at work, the psychological impact of arthritis, and much more. An exhibition hall hosts an opportunity to discover and compare products tailored to your needs.

At a lunch conference, you can network and meet people who live with the same disease as you.

For 20\$ (lunch included), this event is not to be missed!

For more information or to register, call 1-800-321-1433 or 514-846-8840, ext. 2461, or visit

www.arthritis.ca/QuebecForum



CANADIAN ARTHRITIS PATIENT ALLIANCE

The Canadian Arthritis Patient Alliance (CAPA) is pleased to announce the launch of our new website. Thanks to the hard work of our Board members, and a special thanks to Marie-Eve Veilleux, we have revamped and created a clean new look for our online presence. This is one of many steps in executing CAPA's current strategic plan, and we look forward to using it as a tool to reach out to our members and remain an active and effective organization. Please visit our new and improved website at www.arthritispatient.ca.

CANADIAN SOCIETY FOR EXERCISE PHYSIOLOGY

The Canadian Society for Exercise Physiology (CSEP) is the principal body for physical activity, health and fitness research and personal training in Canada. We provide the Gold Standard in exercise science and personal training. This means:

- Every CSEP Certified Exercise Physiologist® (CEP) and CSEP Certified Personal Trainer® (CPT) has a diploma or degree recognized by a provincial Ministry of Education
- CSEP members are covered by professional liability insurance as part of their certification
- CSEP is the only agency in Canada whose certified professionals are directly affiliated with the scientists/researchers who are experts in this field
- CSEP members are required to maintain their skills and proficiency through continuing education

CSEP-CPTs can work with healthy clients with a health-related focus.

CSEP-CEPs can work with all clients from health-related, performance-related, work-related and clinical populations (both healthy and unhealthy).

Community Updates

CANADIAN CONNECTIVE TISSUE CONFERENCE

The annual Canadian Connective Tissue Conference (CCTC) serves as a vehicle to integrate a basic science and clinical understanding of connective tissues in health and disease, with an emphasis on bone, cartilage, musculoskeletal tissue and skin. The objectives of this conference are to provide and share new knowledge to improve connective tissue health through research, facilitate interactions and collaborations among scientists across multiple fields, and to provide networking opportunities to junior scientists, post-doctoral fellows and graduate students. The 20th CCTC conference will take place at the Delta Armories in London, Ontario from June 9th-10th, 2014. For details, see <http://connective-tissue-canada.com/cctc-2014/>

CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA (CANRAD) NETWORK

Our annual meeting was held in Whistler, BC, on Wednesday, February 26th, 2014; for details visit our website: <http://www.canradnetwork.ca/>

We will be holding our CANRAD Network Spring Webinar on Thursday, April 24th, 2014 at 12:00PM EST. Dr. Jacques LeLorier will be presenting on the challenges of drug safety and effectiveness analyses. The CANRAD team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. All are welcome to the webinar.

For more information pertaining to the CANRAD Network contact Autumn Neville autumn.neville@clinepi.mcgill.ca

CARE ARTHRITIS INTERNATIONAL MRI COURSE



The International MRI Course is a comprehensive online training course designed to teach rheumatologists how to identify abnormalities specific to spondyloarthritis. Participants are guided through 40 cases showing the full spectrum of MRI features observed in SpA, from very obvious cases to very difficult cases requiring differential diagnosis. A self-assessment exam is included to test participants' knowledge following the review of the course material. For more information visit www.carearthritis.com.



OSTEOPOROSIS CANADA

Hamilton, Ontario

Bone Fit™ is an evidence-informed exercise training workshop, designed for healthcare professionals & exercise practitioners to provide training on the most appropriate, safe & effective methods to prescribe & progress exercise for people with osteoporosis.

Instructor: Dr. Judi Laprade - Lead Trainer

Bone Fit™ Basics: May 3, 2014

One day workshop for Personal Trainers, Fitness Instructors, Rehabilitation Aid and Personal Support workers (overseeing or implementing exercise programs) OTA's, PTA's & other certified fitness/exercise professionals. Register for workshops at <http://bonefit.ca>.

Bone Fit™ Clinical for Rehabilitation Specialists in Clinical Settings: May 3-4, 2014

Two day workshop for Physiotherapists, Physio Assistants, Kinesiologists, & other certified exercise health professionals. Register for workshops at <http://bonefit.ca>.



Calendar of Events

Ontario Physiotherapy Association - Inter-Action	March 28-30, 2014	Mississauga, ON
Canadian Foundation of Healthcare Improvement - Taming of the Queue	April 3-4, 2014	Ottawa, ON
Western Health Summit 2014	May 21-22, 2014	Edmonton, AB
OARSI World Congress on Osteoarthritis	April 24-27, 2014	Paris, France
Canadian Conference on Medical Education 2014	April 26-29, 2014	Ottawa, ON
Pediatric Orthopaedic Society of North America AGM	April 30-May 3, 2014	Hollywood, CA
Canadian Orthopaedic Nurse Association Conference	May 4-7, 2014	Calgary, AB
GTA Rehab Network - Best Practices Day	May 5, 2014	Toronto, ON
Saskatchewan Health Quality Council Inspire: Health Care Quality Summit	May 6-8, 2014	Saskatoon, SK
Canadian Association of Occupational Therapists Annual Conference	May 7-10, 2014	Fredericton, NB
Primary Care Today Conference	May 7-10, 2014	Toronto, ON
Laurentian Conference of Rheumatology	May 8-10, 2014	Tremblant, QC
Global Summit on the Physical Activity of Children	May 19-22, 2014	Toronto, ON
Canadian Pain Society's 35th Annual Scientific Meeting	May 20-23, 2014	Quebec City, QC
Ontario Rheumatology Association AGM	May 23-25, 2014	Muskoka, ON
Canadian Pharmacists Association Conference	May 21-June 3, 2014	Saskatoon, SK
Canadian College of Health Leaders and Canadian Healthcare Association - Raising the bar: A critical time for bold leadership	June 2-3, 2014	Banff, AB
Canadian Connective Tissue Conference	June 8-10, 2014	London, ON
EULAR - European League Against Rheumatism	June 11-14, 2014	Paris, France
Canadian Nurses Association Biennial Convention	June 16-18, 2014	Winnipeg, MB
International Conference with FIMS (International Sport Medicine Federation)	June 17-21, 2014	Québec, QC
Canadian Orthopaedic Association AGM	June 18-21, 2014	Montréal, QC
Canadian Physiotherapy Association National Congress	June 19-22, 2014	Edmonton, AB
Canadian Paediatric Society Annual Conference	June 25-28, 2014	Montréal, QC
9th Annual Summer Obesity Boot Camp	July 19-27, 2014	Edmonton, AB
Council of the Federations (COF) - 2014 Council of the Federation Summer Meeting	August 26-30, 2014	Charlottetown, PEI
American Society for Bone & Mineral Research	October 12-15, 2014	Houston, TX
Canadian Association of Critical Care Nurses - Dynamics of Critical Care Conference	September 21-23, 2014	Québec, QC
Cochrane Collaboration Colloquium	September 21-26, 2014	Hyderabad, India
Quebec Rheumatology Association	October 23-25, 2014	Québec, QC
AAC's 2nd Annual Conference	October 30-Nov 1, 2014	TBD
American College of Rheumatology Annual Meeting	14-19 November 2014	Boston, MA

Arthritis Alliance of Canada Members

Member Organizations

Alberta Bone and Joint Health Institute
Arthritis & Autoimmunity Research Centre
Arthritis Community Research & Evaluation Unit
Arthritis Consumer Experts
Arthritis Health Professions Association
Arthritis Research Centre of Canada
Arthritis Research Foundation
The Arthritis Society
Bone and Joint Canada
Canadian Alliance of Pediatric Rheumatology Investigators
Canadian Arthritis Network
Canadian Arthritis Patient Alliance
Canadian Academy of Sports and Exercise Medicine
Canadian Association of Occupational Therapists
Canadian Chiropractic Association
Canadian Obesity Network
Canadian Orthopaedic Association
Canadian Orthopaedic Foundation
Canadian Physiotherapy Association

Canadian Rheumatology Association
Canadian Rheumatology Research Consortium
Canadian Society for Exercise Physiology
Canadian Spondylitis Association
Cochrane Collaboration
Consumer Advisory Board of the Arthritis Research Centre of Canada
Institute for Work and Health
McCaig Institute for Bone and Joint Health
Patient Partners

Member Companies

AbbVie Corporation
Amgen Canada Inc.
Celgene Inc.
Hoffmann -La Roche Limited
Janssen Inc.
Pfizer Canada Inc.
UCB Canada Inc

THE ARTHRITIS ALLIANCE NEEDS TO HEAR YOUR SUCCESSES, STORIES AND PROJECTS THAT WILL SUPPORT THE FRAMEWORK EFFORT. IF YOU WOULD LIKE YOUR ORGANIZATION TO BE FEATURED HERE, PLEASE FORWARD YOUR SUBMISSIONS TO JCOISH@MTSINAI.ON.CA.

ABOUT THE ARTHRITIS ALLIANCE OF CANADA

The Arthritis Alliance of Canada, formerly the Alliance for the Canadian Arthritis Program (ACAP), was formed in 2002. Its goal is to improve the lives of Canadians with arthritis.

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at 416-586-4685 or jcoish@mtsinaion.ca, www.arthritisalliance.ca