

# ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

April 2014

## Inside this issue:

Arthritis Alliance of Canada	
IA Models of Care.....	1
Measurement Framework for IA Models of Care.....	1
Annual Conference and Research Symposium .....	1-2
Pediatric Hot Topic Review- Access to Treatment .....	2
Member's Corner	
Arthritis Consumer Experts.....	2-3
Arthritis Research Foundation.....	3
The Arthritis Society	
National.....	3
BC & Yukon Division .....	3
Canadian Association of Occupational Therapists .....	4
Celgene .....	4
Community Updates	
CANRAD .....	4
Canadian Foundation for Healthcare Improvements.....	5
Mary Pack Arthritis Program - Arthritis Continuing Education (ACE).....	5
Osteoporosis Canada.....	5-6
News to Share.....	6
Calendar of Events.....	6-7
About the Arthritis Alliance .....	7

## ARTHRITIS ALLIANCE OF CANADA

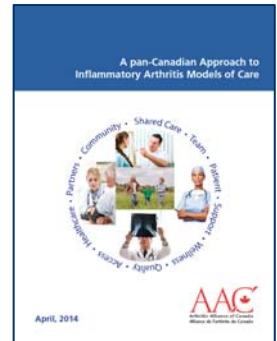
### Inflammatory Arthritis Models of Care

The Arthritis Alliance is pleased to present you with "[A pan-Canadian Approach to Inflammatory Arthritis Model of Care](#)." This report establishes a framework for the development of high quality models of IA care that are evidenced formed and reinforced by best practices.

In the coming weeks, you can expect to receive the Inflammatory Arthritis Care Pathway and Toolkit. The pathway illustrates the flow of the patient through the continuum of care with supporting tools to assist each step of the way. The tools will be continually adapted and modified overtime.

We are looking forward to working with you to integrate this approach to models of care in your jurisdictions.

Please contact us with any questions or feedback at [jcoish@mtsinai.on.ca](mailto:jcoish@mtsinai.on.ca).



### Measurement Framework for Inflammatory Arthritis Models of Care

The Alliance Models of Care (MOC) Measurement working group are working together to define system level performance measures to evaluate health systems and inform system changes with the goal of developing safe, cost-effective, efficient, high quality care for patients with IA. The working group recently met to discuss the process for developing a core starter set of performance measurement themes. This will be followed by a literature review to ensure validity of proposed measures. An online state-of-the-art consensus meeting will be held to finalize the measures. The measures will then be presented for broad stakeholder input at the AAC meeting in November 2014. Pilot testing of the measures in champion provinces will follow. For more information or questions please contact Lina Gazizova at [lgazizova@mtsinai.on.ca](mailto:lgazizova@mtsinai.on.ca).

### Annual Conference and Research Symposium

We are delighted to announce that Arthritis Alliance of Canada will host its 2<sup>nd</sup> Annual Conference and Research Symposium in partnership with the *Gairdner Foundation and CIHR's Institute of Musculoskeletal Health and Arthritis* in Toronto, Thursday, October 30th through to Saturday November 1st.



## SAVE THE DATE!

THE ARTHRITIS ALLIANCE OF CANADA (AAC)  
2<sup>nd</sup> ANNUAL CONFERENCE AND RESEARCH SYMPOSIUM  
OCTOBER 30<sup>th</sup>-NOVEMBER 1<sup>st</sup>, 2014  
TORONTO, ONTARIO

The Canada Gairdner Awards will be presented at a formal dinner for 540 guests held at the Royal Ontario Museum in Toronto on Thursday, October 30, 2014. The event will feature two recipients of the Canada Gairdner International Award, 2014 – Sir Ravinder Nath Maini and Sir Marc Feldmann.

For information about the event, please visit:  
<http://www.gairdner.org/content/awards-ceremony>.

### Recipients of the Canada Gairdner International Award, 2014

“For the discovery of anti-TNF therapy for the treatment of rheumatoid arthritis and other inflammatory diseases.”

**gairdner**  
LES PRIX CANADA GAIRDNER AWARDS

Sir Ravinder Nath Maini



Sir Marc Feldmann



### Pediatric Hot Topic Review on “Access to Treatment”

On behalf of the pediatric rheumatologists in Canada, Dr. Lori Tucker, Arthritis Alliance of Canada (AAC) member and Pediatric Rheumatologist in British Columbia, recently brought to the AAC’s attention issues that impact Pediatric Rheumatology care and may be suited for government-related advocacy. These issues include:

1. Access to Aristospan® TH
2. Liquid non-steroidal anti-inflammatory medication discontinued
3. Making it easier for patients with arthritis to take methotrexate, and
4. Access to Biologics.

This Hot Topic Review will be available at <http://www.arthritisalliance.ca/en/hot-topics> in the coming week.



## MEMBER’S CORNER

### ARTHRITIS CONSUMER EXPERTS

Arthritis Consumer Experts (ACE) attended 2014 CADTH Symposium and presented at a Concurrent Session on April 8<sup>th</sup>, titled Health Technology Assessment of Biosimilars (SEBs): A Canadian Perspective moderated by Angela Rocchi, Principal at Axia Research. Cheryl Koehn presented alongside Dr. Jian Wang (Division Chief, Clinical Evaluation Division, Biologics and Genetic Therapies Directorate), Health Canada, Dr. Chander Sehgal (Director, Common Drug Review and Optimal Use of Drugs), CADTH, Steve Long (former Executive Director, Pharmaceutical Funding and Guidance Branch), Alberta Ministry of Health. ACE’s presentation was focused on why stakeholders should care about SEB regulation in Canada, provided a review of consumer/patient input to date on SEBs and the need for a patient-centred approach to SEB review and regulation.

## MEMBER'S CORNER

### National Arthritis Awareness Program (NAAP) update

The CRA Interview Series 2014 is complete and available for viewing <http://bit.ly/CRAInterviewSeries2014>. The videos in this series consist of interviews conducted during the February Canadian Rheumatology Association and Arthritis Health Professions annual meeting. Thank you once again to all the consumer “reporters” and interviewees. Please continue on the conversation by sharing this link. You will be helping everyone living with arthritis.

### ARTHRITIS RESEARCH FOUNDATION



On Thursday, May 29th, the Arthritis Research Foundation will host its fourth annual ‘Kick Up Your Heels’ event, a wine and shoe fashion show to benefit arthritis research at UHN. Approximately 300 well-heeled guests will enjoy an evening of fine food, wine tastings and a fashion show with local Toronto and University Health Network celebrities modeling this spring’s newest trends.

For more information, please visit [www.kickupyourheels.ca](http://www.kickupyourheels.ca).

### THE ARTHRITIS SOCIETY

#### NATIONAL

#### Erase The Pain

Based on the feedback and priorities suggested by last fall’s successful awareness and engagement campaign, Share The Pain, The Arthritis Society launched Erase The Pain ([www.thepain.ca](http://www.thepain.ca)) this month – a \$25 million campaign to erase the pain of arthritis in three ways. “Cure” will fund novel research into genes, nerve pathways and the mechanisms of arthritis. “Care” will increase the number of practicing rheumatologists across Canada, and provide arthritis-specific training for other health care professionals. “Community” will develop an online information service and home for the Canadian arthritis community.



#### Walk to Fight Arthritis

The Walk to Fight Arthritis is the Society’s signature event dedicated to empowering the 4.6 million Canadians whose lives are affected by arthritis to live well at home, work and play. The 5th Annual Walk takes place in 26 communities across Canada on Sunday, June 8, 2014 and unites families, friends and organizations in support of the Society’s activities in the areas of research, education, local programs and personalized assistance. The Arthritis Society, accredited under Imagine Canada’s Standards Program, has been setting lives in motion for over 65 years. For more information, visit <http://walktofightarthritis.ca/>.



#### BC & YUKON DIVISION

#### The Passing of Harold Robinson

Dr. Harold Speers Robinson passed away on April 3<sup>rd</sup> at age 95. We would like to recognize the incredible contributions and impact he had on rheumatology not only in British Columbia, but across the country and continent. Often referred to as the father of arthritis care in BC by his colleagues, Dr. Robinson was the first Medical Director of The Arthritis Society and worked alongside Mary Pack. He was an international pioneer in providing multidisciplinary care for arthritis patients and was an amazing mentor to many. Always held in special esteem, his innovative work and involvement with The Arthritis Society were renowned, and had him widely recognized as a world leader in RA patient care. Dr. Harold Robinson has left a legacy that will continue to benefit those living with arthritis.

## MEMBER'S CORNER

### CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS (CAOT)

**JOIN CAOT for a dynamic Lunch and Learn Webinar titled “Parenting and chronic illness: Lessons from mothers with and without arthritis”**

Presenter Dr. Catherine Backman will draw on a study of 350 mothers with and without inflammatory arthritis. The webinar describes how parenting tasks and sense of efficacy as a mother are experienced in the presence of a chronic illness. Parenting is an important life role. Chronic illness or health conditions have an impact on how adults participate in parenting tasks and experience role engagement, and tips from mothers who have ‘figured things out’ are useful to occupational therapists working with clients facing new challenges as a result of simultaneously managing their health condition and their occupation as mother.

[Click here](#) to register before May 13, 2014 or via the link:  
<https://www.caot.ca/store/events/registration.aspx?event=LL20MAY14>.

### CELGENE

**First-of-Its-Kind Multinational Survey Confirms Psoriasis and Psoriatic Arthritis Patients are Frequently Undertreated or Not Treated at All**

On March 20, 2014, Celgene Inc. issued a media release, featuring a unique and extensive survey (called MAPP) that provides the first-of-its-kind multinational look into the impact psoriasis and psoriatic arthritis (PsA) have on patients’ lives, revealing several areas which warrant further attention and action, including high rates of undertreatment, a mismatch between patient/physician assessment of the disease, and the desire for new treatment options.



The survey explored the impact of psoriasis and PsA on disease-related quality of life (QoL), physician-patient relationship, unmet treatment need and patients’ satisfaction with current medical care and therapies. Findings from the survey, which was sponsored by Celgene, were published in the online edition of the Journal of the American Academy of Dermatology [http://www.jaad.org/article/S0190-9622\(14\)00977-3/abstract](http://www.jaad.org/article/S0190-9622(14)00977-3/abstract).

To view a media release, please click [here](#).

## Community Updates

### CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA (CANRAD) NETWORK

Our annual meeting was held in Whistler, BC, on Wednesday, February 26th, 2014; for details visit our website: <http://www.canradnetwork.ca/>.

We will be holding our CANRAD Network Spring Webinar on Thursday, April 24th, 2014 at 12:00PM EST. Dr. Jacques LeLorier will be presenting on the challenges of drug safety and effectiveness analyses. The CANRAD team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. All are welcome to the webinar.

For more information pertaining to the CANRAD Network, contact Autumn Neville [autumn.neville@clinepi.mcgill.ca](mailto:autumn.neville@clinepi.mcgill.ca).

## CANADIAN FOUNDATION FOR HEALTHCARE IMPROVEMENTS



**Partnering with Patients and Families for Quality Improvement** is a collaborative focused on harnessing the tremendous potential of patient and family engagement to drive quality improvement in healthcare. The collaborative will provide funding, coaching and other support to help up to

15 teams from Canadian healthcare organizations engage patients and families in designing, delivering and evaluating healthcare services with the goal of better patient care and outcomes. As a participating team, in this collaborative, an organization will learn how to create winning conditions for partnering with patients and families to create and sustain improvements in quality and safety and to have an opportunity to:

- Build an effective patient-centred leadership strategy to shape a culture of quality and safety;
- Align quality improvement goals and activities with what's important to patients and families; and
- Enhance engagement of clinicians, staff, patients, families and leaders to accelerate an identified organizational quality improvement priority.

You can learn more by referring to the [program prospectus](#).

### **Mary Pack Arthritis Program – Arthritis Continuing Education (ACE)**

The ACE program provides evidence-based education, professional support, and patient care resources to PTs, OTs, and nurses in BC and the Yukon Territories. The goal is for these health professionals to become the local arthritis clinical resource in their community. Over the decades, the ACE program has evolved to include several key components:

- Annual 4-day course, “Introduction to the Assessment and Management of Rheumatic Diseases: A Skills Workshop for Nurses, Physical Therapists and Occupational Therapists”
- Additional online and onsite continuing education opportunities
- Online resources such as assessment tools, treatment approaches, clinical practice guidelines, and patient education materials
- Discipline-specific case consultation
- Clinically-focused teleconference-based journal club
- Electronic newsletter of clinical information and upcoming events
- Directory of ACE-trained health professionals

The existence of a network of trained clinicians promotes province-wide best practices in arthritis care and helps to ensure that this care is received closer to home. The ACE network connects clinicians across the province to enable timely information dissemination and gathering. For more information, please contact Paul Adam - [Paul.Adam@vch.ca](mailto:Paul.Adam@vch.ca).

## OSTEOPOROSIS CANADA

**Beyond the Break** - <http://www.osteoporosis.ca/health-care-professionals/beyond-the-break/>

Targeted towards health professionals working with people living with osteoporosis, this modular series is designed to provide updates on the latest advances in recognition, diagnosis, treatment and education on osteoporosis.

**Drug Holiday** – May 2014

**New Exercise Recommendation** – June/July 2014

**Bone Fit™ Basics:** May 3, 2014 at 7:30 a.m.-5:00 p.m, YWCA Hamilton- Hamilton, Ontario.

**Bone Fit™ Clinical for Rehabilitation Specialists in Clinical Settings:** May 3-4, 2014, YWCA Hamilton-Hamilton, Ontario.



Bone Fit™ is an evidence-informed exercise training workshop, designed for healthcare professionals & exercise practitioners to provide training on the most appropriate, safe & effective methods to prescribe & progress exercise for people with osteoporosis. To register for workshops at <http://bonefit.ca>.

### Virtual Education Forum – What YOU need to know about Osteoporosis

<http://www.osteoporosis.ca/osteoporosis-and-you/copn/virtual-forum/>

It allows people across Canada online access to professionally led educational presentations about how to live well with osteoporosis. The forums are geared towards the needs and interests of people living with osteoporosis.

## News to Share

### HERALD, April 16, 2014

#### Apps could slash wait times for knee, hip replacements

We would like share this revolutionary article from Herald News, based upon innovations done by Halifax orthopedic surgeon, Dr. Michael Dunbar, and how your smartphone could reduce wait times for knee and hip replacements: <http://www.herald.ca/metro/1200879-app-could-slash-wait-times-for-knee-hip-replacements>.

### JOINT HEALTH EXPRESS, April 16, 2014

#### Have your voice heard to create “patient centred” health care

The Canadian Medical Association (CMA), the Canadian Nurses Association (CNA) and the Health Action Lobby (HEAL) have convened a Health Providers Steering Committee to review the way health care is delivered in Canada. Among the criticisms of our health care system is that health care is designed from the provider’s point of view and that nationally, delivery of care lacks coordination and integration between federal government, provinces, territories, and municipalities.

During the two summits, the CMA, the CNA, and HEAL, together with patients, developed five foundations for integrated and effective health care for patients, including **patient access, patient-centred care, informational continuity, management continuity, relational continuity**. The CMA is reaching out to health care providers and patients to validate that the founding principles above are a true representation of patient expectations for effective health care. For more information, please contact Nadia Potvin-Piché of the CMA at [Nadia.Potvin-Piche@cma.ca](mailto:Nadia.Potvin-Piche@cma.ca) or view the summit [report here](#).

### Patient-Scientist Shares Unique Perspective on Importance of Rheumatology Research, April 2014

Dawn Richards, PhD, has been working in the world of research for nearly 15 years, four of which focused specifically on arthritis and autoimmune research. However, what started as a career opportunity for the scientist soon became a major aspect of her life. Please click here to read Dawn’s story about the importance of rheumatology research <https://rheumatologyresearchfoundation.org/pathways>



## Calendar of Events

Pediatric Orthopaedic Society of North America AGM	April 30-May 3, 2014	Hollywood, CA
Canadian Orthopaedic Nurse Association Conference	May 4-7, 2014	Calgary, AB
GTA Rehab Network - Best Practices Day	May 5, 2014	Toronto, ON
Saskatchewan Health Quality Council Inspire: Health Care Quality Summit	May 6-8, 2014	Saskatoon, SK
Canadian Association of Occupational Therapists Annual Conference	May 7-10, 2014	Fredericton, NB
Primary Care Today Conference	May 7-10, 2014	Toronto, ON
Laurentian Conference of Rheumatology	May 8-10, 2014	Tremblant, QC
Global Summit on the Physical Activity of Children	May 19-22, 2014	Toronto, ON

Canadian Pain Society's 35th Annual Scientific Meeting	May 20-23, 2014	Quebec City, QC
Ontario Rheumatology Association AGM	May 23-25, 2014	Muskoka, ON
Western Health Summit 2014	May 21-22, 2014	Edmonton, AB
Canadian Pharmacists Association Conference	May 21-June 3, 2014	Saskatoon, SK
Canadian College of Health Leaders and Canadian Healthcare Association - Raising the bar: A critical time for bold leadership	June 2-3, 2014	Banff, AB
The Arthritis Society-Walk to Fight Arthritis	June 8 <sup>th</sup> 2014	Nationwide
Canadian Connective Tissue Conference	June 8-10, 2014	London, ON
EULAR - European League Against Rheumatism	June 11-14, 2014	Paris, France
Canadian Nurses Association Biennial Convention	June 16-18, 2014	Winnipeg, MB
International Conference with FIMS (International Sport Medicine Federation)	June 17-21, 2014	Québec, QC
Canadian Orthopaedic Association AGM	June 18-21, 2014	Montréal, QC
Canadian Physiotherapy Association National Congress	June 19-22, 2014	Edmonton, AB
Canadian Paediatric Society Annual Conference	June 25-28, 2014	Montréal, QC
9th Annual Summer Obesity Boot Camp	July 19-27, 2014	Edmonton, AB
Council of the Federations (COF) - 2014 Council of the Federation Summer Meeting	August 26-30, 2014	Charlottetown, PEI
American Society for Bone & Mineral Research	October 12-15, 2014	Houston, TX
Canadian Association of Critical Care Nurses - Dynamics of Critical Care Conference	September 21-23, 2014	Québec, QC
Cochrane Collaboration Colloquium	September 21-26, 2014	Hyderabad, India
Quebec Rheumatology Association	October 23-25, 2014	Québec, QC
<b>Arthritis Alliance of Canada 2<sup>nd</sup> Annual Conference and Research Symposium</b>	<b>Oct 30-Nov 1, 2014</b>	<b>Toronto, ON</b>
American College of Rheumatology Annual Meeting	14-19 November 2014	Boston, MA

## Want to help?

You can help and get involved by:

- Visiting [www.ArthritisAlliance.ca](http://www.ArthritisAlliance.ca)
- Providing feedback. Give us your ideas
- Giving us an update to share with the group
- Telling us about upcoming events, initiatives, and announcements that are aligned with the Framework
- Telling our story and telling yours. Telling your friends and family
- Writing and calling your local MP/MPP, your Premier, Minister of Health, etc.
- Sharing on Twitter, Facebook, and other social media channels

**THE ARTHRITIS ALLIANCE NEEDS TO HEAR YOUR SUCCESSES, STORIES AND PROJECTS THAT WILL SUPPORT THE FRAMEWORK EFFORT. IF YOU WOULD LIKE YOUR ORGANIZATION TO BE FEATURED HERE, PLEASE FORWARD YOUR SUBMISSIONS TO [jcoish@mtsinaion.ca](mailto:jcoish@mtsinaion.ca).**

## ABOUT THE ARTHRITIS ALLIANCE OF CANADA

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

**For more information about the Arthritis Alliance, please contact:**  
Jaime Coish at 416-586-4770 or [jcoish@mtsinaion.ca](mailto:jcoish@mtsinaion.ca), [www.arthritisalliance.ca](http://www.arthritisalliance.ca)