

ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

February 2017

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ARTHRITIS ALLIANCE OF CANADA Arthritis Alliance of Canada Research Awards Program

AAC is in the process of reviewing 46 applications over seven award categories. The Award winners will be announced mid April 2017. *Thank you again to our sponsors:*

- McCaig Institute for Bone and Joint Health and Joint Health** (Master Student)
- Arthritis Consumer Experts** (PhD Student)
- CIHR Institute of Musculoskeletal Health and Arthritis** (Post-doctoral Fellow and Early Career Researcher/ Faculty Member)
- Bone and Joint Institute of the University of Western Ontario** (Knowledge Translation research)
- Janssen Inc.** (Knowledge Translation practice); and
- The Arthritis Society** (Patient for active engagement in arthritis research).



We are also very grateful to thirteen of our reviewers who put their time and efforts in identifying winning research awards applications!

- Dr. Claire Barber, University of Calgary
- Dr. Susan Bartlett, McGill University
- Dr. Frank Beier, University of Western Ontario
- Dr. André Bussi eres, McGill University
- Dr. John Esdaile, University of British Columbia
- Dr. Mohit Kapoor, University of Toronto
- Dr. Diane Lacaille, University of British Columbia
- Mr. Michael Mallinson, Canadian Spondylitis Association
- Dr. Deborah Marshall, University of Calgary
- Dr. Dianne Mosher, University of Calgary
- Dr. Carter Thorne, Southlake Regional Health Centre
- Ms. Marilyn Walsh, Cochrane Canada
- Ms. Linda Wilhelm, Canadian Arthritis Patient Alliance

ARTHRITIS ALLIANCE OF CANADA 2017 ANNUAL MEETING – SAVE THE DATE



Arthritis Alliance of Canada Annual Meeting

Save the Date !

Friday, October 27, 2017
Vancouver, British Columbia



INFLAMMATORY ARTHRITIS (IA) MODELS OF CARE DEVELOPMENTS

Sharing Its Models of Care Work

The Arthritis Alliance of Canada showcased its Models of Care work at the 2017 Canadian Rheumatology Association (CRA) Annual Scientific Meeting & AHPA Annual Meeting in Ottawa.

The current pattern of health care delivery to those living with IA is not sustainable. The economic burden is expected to double within a generation, and the number of rheumatologists in Canada is already insufficient to provide timely care. The interactive session, entitled “*Rheumatology Care Re-designed, Models of Care in Action: You can do it too!*” showed participants how to apply practical clinical tool and work in shared care models to optimize the delivery of quality care for patients.



In the session, participants learned:

- what a model of care is and why it is important to them
- the importance of evaluating models of care to inform quality improvements
- how to apply practical tools to improve practice; and
- understand how a collaborative team of health care professionals can optimize the delivery of care.

Three shared care models were demonstrated in a speed dating style format:

- 1) An ACPAC trained extended role provider led, Triage shared care model, by Ms. Tiffany Larsen, Advanced Physiotherapist Practitioner, Orangeville, Ontario
- 2) A Family Doctor supported shared care model, by Dr. Samuel Hickcox, G.P. Rheumatologist, G.P. Psychotherapist, Rheumatology Care, Halifax, Nova Scotia
- 3) An ACPAC trained extended role provider led, telemedicine supported shared care model, by Ms. Jocelyne Murdoch, Occupational Therapist, Sudbury, Ontario

Close to 70 attendees participated in this workshop and shared their appreciation for the knowledgeable session. *Don't wait, just ACT! You can Do It!* If you are interested in receiving the slide presentations from the session or getting involved in the models of care work, please to contact Jaime Coish at jcoish@arthritisalliance.ca.

MEMBER'S CORNER

THE ARTHRITIS SOCIETY

NATIONAL

Research Posters released at CRA

This month, The Arthritis Society presented two research posters at the Annual Canadian Rheumatology Association conference:

- **The Objective Gap:** this poster displayed results from a survey conducted at CRA 2016 and via online outreach, which examined the gap between what rheumatologists evaluate as measurable outcomes of IA treatment, and what patients are looking for. For information about this project, including a link to an infographic about the results, visit: <http://arthritis.ca/news-and-media/news-releases/patients-and-health-care-professionals-have-different-priorities-for-arthritis-treatment-survey>
- **Factors Associated with Decisions to Transition to a Different Biologic, including Biosimilars: The Patients' Perspective:** this poster displayed results from a pre-survey conducted with focus group participants, collecting the perspectives and needs of Canadians who take biologics for inflammatory diseases. The purpose was to understand their experience and perception of biologics and biosimilars, and the implications of switching medications. The full report from the project will be made available later this spring.



Both research posters were selected by the **CRA Optimal Care Committee** for their contributions to “**Choosing Wisely and/or Quality Improvement.**”

The Arthritis Society and the Canadian Arthritis Patient Alliance (CAPA) announce strategic partnership

This month, The Arthritis Society and the Canadian Arthritis Patient Alliance (CAPA) announced that we will be working more closely together to advance the voice of people living with arthritis on the national stage.

While the two organizations have a long history of collaboration, this announcement provides structure to our common goal of advancing patient well-being and advocacy. CAPA brings to the relationship a deep expertise in fostering, valuing, and advocating for patients and their voices to be heard, perfectly complementing The Arthritis Society's depth and capacity as a thought leader and driver of policy change across Canada. Together, we will work to represent the views of people living with arthritis across a broad spectrum of important initiatives such as workplace health, access to treatment and the development of a national pharmacare strategy.

Summer Camps for Childhood Arthritis

It's that time of year, when families' thoughts turn to how their children will spend the summer. Which means it's time for families living with JIA and other forms of childhood arthritis to register for the 2017 Arthritis Society Summer Camp series. Applications are now open for our camps in Nova Scotia, Quebec, Ontario and BC.

These camps offer children living with arthritis the opportunity to break out of their isolation, discover that they're not alone and improve their confidence and self-esteem. It's a week where time stops and where they can make new friends and take part in a number of amazing activities adapted to their needs under the supervision of an experienced medical team.

Spaces fill up quickly, so refer to the following list for information about camp in your region:

Nova Scotia (Camp JoinTogether): www.arthritis.ca/campjointogether

Quebec (Kids on the Move Camp/*Camp ArticulAction*): www.arthritis.ca/kidsonthemove (www.arthrite.ca/ArticulAction)

Ontario (Camp Cambria): www.arthritis.ca/campcambria

British Columbia (Camp Capilano): Email Carrie Gadsby: CGadsby@arthritis.ca.

ARTHRITIS CONSUMER EXPERTS (ACE)

Arthritis Broadcast Network (ABN)

We did it! The Arthritis Broadcast Network (ABN) Facebook Live #CRArthritis Speaker's Corner at the CRA Annual Scientific Meeting & AHPA Annual Meeting hosted a total of 32 interviews. Thanks to fans like you, the campaign reached over 23,000 people in just three days.

Interview topics covered included psoriatic arthritis, juvenile arthritis, ankylosing spondylitis, rheumatoid arthritis, lupus, travel, research, patient organizations, models of care, exercise, disease management, education and pregnancy, among other important topics.

A reminder that the interviews remain on the [ABN Facebook Page](#) and are also available on the ABN YouTube channel under "[CRA Interview Series 2017 – Facebook Live #CRArthritis Speaker's Corner](#)". Please continue to share, like, and comment on the interviews to continue the conversation online.

Arthritis Broadcast Network is a multi-media platform for the arthritis community to share news, information and stories about living with arthritis and one of the top 40 arthritis blogs and websites for people living with arthritis as measured by Feedspot.com.

Arthritis Consumer Experts (ACE) Third Annual Search for Canada's Best Workplaces for Employees Living with Arthritis

Arthritis Consumer Experts announced the winners of its third annual search for Canada's Best Workplaces for Employees Living with Arthritis. Based on workplace insights shared by employees and company managers, ACE awarded the City of Ottawa and Aboriginal Peoples Television Network for their arthritis awareness, prevention and benefits practices in the workplace.

Research at Arthritis Research Canada shows that workers with arthritis who have more flexible work arrangements, more autonomy on how they do their job and organize their schedule, and who have received job accommodations, are more productive at work and less likely to become work disabled. This is reflected in the past three years of the Best Arthritis Workplaces program, where employees with arthritis have consistently told ACE that finding a workplace that supports job accommodation is a priority in their job choice, even at the expense of salary or advancement.

To learn more about this year's award, please [click here](#).

Using your Health Information in Canadian Research

Participants needed! We would like your opinion about using your health information to do research in Canada. Any Canadian resident, 18 years or older and with internet access is eligible.

Secure online survey

English: <https://survey.ubc.ca/s/BigDataSurvey/langeng/>

French: <https://survey.ubc.ca/s/BigDataSurvey/langfr-ca/>

Canada's healthcare systems routinely collect large amounts of health information from patients. This information includes data on health and use of healthcare services, such as hospital visits, laboratory results, and prescription medications. This large amounts of health information is called "Big" Data.

This survey will gather Canadians' knowledge and opinions about using Big Data for research to help improve the delivery of healthcare in Canada.

This study is led by the Consumer Core of the PRECISION research team housed at Arthritis Research Canada. The Consumer Core project lead is Cheryl Koehn of Arthritis Consumer Experts, and the core members include the Gastrointestinal Society, Arthritis Patient Advisory Board, and the Canadian Skin Patient Alliance.



ARTHRITIS RESEARCH CANADA

Congratulations to Recipients of the Best Abstract Awards at the 2017 CRA Annual Scientific Meeting in Ottawa



Congratulations to all who received a 2017 Canadian Rheumatology Association Best Abstract Award. With over 250 poster abstracts accepted for display, only a select few researchers are presented with a Best Abstract Award based on 11 categories.

Arthritis Research Canada scientist Dr. Claire Barber received the award for Best Abstract on Adult Research by Young Faculty Fellow; clinical trainee Dr. Kun Huang received Best Abstract by a Post-Graduate Resident; and trainee Ms. Carol Dou received Best Abstract for Research by an Undergraduate Student.



Dr. Claire Barber, Drs. Kun Huang and Carol Dou receive Best Abstract Awards at the 2017 CRA Annual Scientific Meeting in

New Leading-edge Program Aims to Improve Physical Activity and Decrease Sitting Time in People with Knee Osteoarthritis

There is overwhelming evidence that being physically active can improve people's health and quality of life. Despite this, over 50% of people with arthritis are not physically active enough, even when their symptoms are under control. A new research study titled *SuPRA: Supporting Physical Activity and Reducing Sedentary Behavior in Arthritis* is actively recruiting participants to test a new program which combines educational sessions, an activity monitor and physical activity counselling to improve people's mobility and decrease sedentary time.

For more information on the study, please visit <http://bit.ly/SuPRA-Study>. Interested participants can visit <http://bit.ly/SuPRA-Questionnaire> to access our short screening questionnaire and contact the study coordinator.

CIHR INSTITUTE OF MUSCULOSKELETAL HEALTH AND ARTHRITIS
Announcement on Successful UCAN CAN-DU Network

CIHR Institute of Musculoskeletal Health and Arthritis congratulates Dr. Rae Yeung (Toronto's Hospital for Sick Children), and Prof. Nico Wulffraat (Utrecht University, The Netherlands), as recipients of an \$8 million grant from a Canada-Netherlands Personalized Medicine in Immune Mediated Inflammatory Musculoskeletal Disease network. Their international UCAN CAN-DU research team will analyze current biological therapies of arthritis for children and develop new ones without side effects. Results could lead to cost benefits and improved outcomes for children living with arthritis. The grant is made possible through a partnership between CIHR, ZonMw (the Netherlands Organization for Health Research and Development) and Reumafonds (the Dutch Arthritis Foundation).

CANADIAN RHEUMATOLOGY ASSOCIATION
2017 Award Recipients

At the recent Canadian Rheumatology Association's Annual Scientific Meeting in Ottawa, the following individuals were recognized for excellence in the field of Rheumatology:



Dr. Michel Zummer

Distinguished Rheumatologist Award

Dr. Jacques Brown

Distinguished Investigator Award

Dr. David Robinson

Teacher-Educator Award

Dr. Vinod Chandran

Young Investigator Award

Dr. Henry Aaverns and Dr. Sahil Koppikar

Practice Reflection Gold Award

Congratulations to all award recipients!

Community Updates

ADVANCED CLINICIAN PRACTITIONER IN ARTHRITIS CARE

Office of Continuing Professional Development, Faculty of Medicine, University of Toronto

The Advanced Clinician Practitioner in Arthritis Care (ACPAC) program is pleased to announce that applications for its 2017-2018 program are NOW OPEN. ACPAC is a hybrid academic and clinical training program that prepares experienced physical therapists, occupational therapists, and nurses for extended practice roles in the diagnosis and management of patients with arthritis. Fellowships are available for this year's program. The deadline to apply is Friday May 19, 2017. For more information contact Julia Ferrari (j.ferrari@utoronto.ca) or to apply visit our new website at www.acpacprogram.ca.



**ADVANCED LEARNING.
ADVANCED PRACTICE. ADVANCED
CARE.**

2017-2018 Program Weeks:

Week 1 - October 23-28, 2017 (includes the conference "13th Annual Arthritis Day" Saturday October 28, 2017)

Week 2 - December 11-15, 2017

Week 3 - February 5-9, 2018

Week 4 - April 9-13, 2018

Week 5 - June 4-8, 2018

BONE, MUSCLE & JOINT DISEASE (BMJD)

5th World Congress on Controversies, Debates & Consensus in Bone, Muscle & Joint Diseases (BMJD) will take place August 31-September 3, 2017 in Gold Coast, Australia. <http://bmjd-congress.org/>. The 5th edition of BMJD will address the most burning questions in the fields of Rheumatoid Arthritis/Inflammatory Arthritis, Osteoarthritis and Pain, and will provide an effective forum to discuss and debate these questions. In addition, there will be ample time allocated to speaker-audience discussions. We are very interested in having members of your community attend the congress.

CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA (CANRAD) NETWORK



The CANRAD Network team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. We recently held a successful CANRAD Network Meeting during 2017 CRA Annual Scientific Meeting & AHPA Annual Meeting in Ottawa, ON, including a methodological presentation by Dr. Mireille Schnitzer and updates on administrative data projects from Drs. Deborah Marshall and Lisa Lix. We will be organizing another CANRAD Network Webinar this spring! For more

information pertaining to our webinars or all other information concerning the CANRAD Network, please contact Autumn Neville at autumn.neville@rimuhc.ca or visit our website <http://www.canradnetwork.ca>.

The Canadian Network for Advanced Interdisciplinary Methods for comparative effectiveness research (CAN-AIM) objective is to respond to key knowledge gaps regarding drug safety and effectiveness by answering queries which arise from Health Canada and other regulatory parties. Our team has collaborated with DSECT's webinar series; we encourage you to attend the very informative sessions. We held a successful CAN-AIM DSEN meeting this month with team members to review on-going projects and discuss new, emerging queries that may be of interest. Discussions led to exciting new ways in which our team can expand. For information on our queries, on our upcoming webinars or for more information on our team, please contact Autumn Neville at autumn.neville@rimuhc.ca or visit our website <http://canaim.ca/>.



MICHAEL G. DEGROOTE NATIONAL PAIN CENTRE McMASTER UNIVERSITY

The Michael G. DeGroot National Pain Centre of the McMaster University is pleased to announce their draft Guideline Recommendations on the Safe and Effective Use of Opioids for Chronic Non-Cancer Pain. The "2017 Guideline for the Safe and Effective Use of Opioids for Chronic Non-Cancer Pain" are available for your review online at the Michael G. DeGroot National Pain Centre website at https://fhs.mcmaster.ca/media/opioid_guideline_recommendations/.



Calendar of Events

Global Summit on the Physical Activity of Children: Active Living Research Conference	February 26-March 1, 2017	Clearwater Beach, Florida.
Ultrasound Guided Interventions for Rheumatologists	February 1-12, 2017	Ottawa, Ontario
10th Annual RWCS Meeting, The Premier International Academic Rheumatology Meeting	February 15-18, 2017	Maui, Hawaii, USA
4 th RA International Course	February 23-25, 2017	Florence, Italy
European Workshop for Rheumatology Research	March 2-4, 2017	Athens, Greece
2017 Sports Medicine Winter Summit	March 8-12, 2017	Park City, Utah, USA
Endocrinology and Rheumatology: The Most Useful Topics from Two Specialities	March 13-17, 2017	Sarasota, Florida, USA
American Academy of Orthopaedic Surgeons Annual Meeting	March 14-18, 2017	San Diego, California
Orthopaedic Research Society Annual Meeting	March 19- 22, 2017	San Diego, California
Ontario Physiotherapy Association - InterACTION	March 31-April 1, 2017	Toronto, ON
The Joint Affair gala in Honour of Dr. Anthony S. Russell by The Arthritis Society	March 27, 2017	Edmonton, Alberta
OARSI World Congress	April 27- 30, 2017	Las Vegas, United States
Pediatric Orthopaedic Society of North America AGM	May 3-6, 2017	Barcelona, Spain
The Arthritis Society Walk to Fight Arthritis	June 4, 2017	Toronto, Ontario
Canadian Orthopaedic Association Annual Meeting	June 15-18, 2017	Ottawa, Ontario
5th World Congress on Controversies, Debates & Consensus in Bone, Muscle & Joint Diseases (BMJD)	August 31-September 3, 2017	Gold Coast, Australia
Arthritis Alliance of Canada 2017 Annual Meeting	October 27, 2017	Vancouver, British Columbia

ABOUT THE ARTHRITIS ALLIANCE OF CANADA

With more than 30 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at jcoish@arthritisalliance.ca or visit our website: www.arthritisalliance.ca