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Rheumatology Clinic in Hamilton, Ontario

As part of a St. Joseph's Hospital initiative, Dr. Bill Bensen has developed the St. Joseph's Rheumatology Health Team, which currently consists of 9 nurses and 5 administrative staff. The clinical care is divided into pods:

- 1) The General Clinic for new consults and follow up of inflammatory arthritis
- 2) The Biological Management Program which manages over 1200 patients on Biologics
- 3) The Specialty Clinic which manages the 1st Response Program, the Fast Track Program, the Osteoporosis Program and the Quick Shot Programs
- 4) The Research Innovation Program – currently involved in over 20 projects

Nursing staff has been used at the clinic for many years through which time their skills and assigned responsibilities have increased. Currently the nurses independently see all patients and review their findings and recommendations with the rheumatologist. This is supported by training through the rheumatologist as well as the legal interventions necessary to ensure competency to practice such as medical directives. This program is set to expand in the fall of 2013 with a new innovative approach to Team Management which will further improve arthritis care. Training for the staff was undertaken through formal courses, experience in all the 3 clinics as well as ongoing mentorship by the rheumatologist. Ongoing learning happens through facilitated lunch and learns and other mentorship programs.

The use of the nurses in the clinic has lead to the need for a standardized approach to care including specific management protocols and use of validated tools to measure patient activity with the goal of "Treat to Target." The clinic has undertaken 2 patient satisfaction surveys on the use of registered nurses in team-based care both of which found that they met the patients care needs.



Community updates on next page.....

Community Updates

ARTHRITIS CONSUMER EXPERTS

In July, Arthritis Consumer Experts co-developed and conducted a survey to determine the research interest of people living with auto-immune forms of arthritis.

The survey of more than 650 Canadians will provide a multidisciplinary team of researchers insights on the development of a research program focused on inflammation in a number of chronic diseases. The findings will also help guide ACE's programming in their 2014 work plan. The survey also generated media coverage including a feature story in the Vancouver Sun. For more information about the survey, please contact Kelly Lendvoy at ACE Lendvoy@jointhealth.org

BONE & JOINT INJURY & REPAIR

There will be a Scientific Conference on Bone & Joint Injury & Repair sponsored by the Bone and Joint Health Interdisciplinary Program at Western University to be held in the London Convention Centre on Thursday, 16 Jan and Friday, 17 January, 2014. There is a call for presentation abstracts and poster abstracts, due by 1 October, 2013 (an extension of the 15 September date shown on the website) at www.boneandjoint.imaging.robarts.ca. Conference symposia will include sessions on Osteoarthritis, Inflammatory Arthritis, MSK Imaging, Evidence-based decision-making for Health Care Policy and Research, Orthopaedic Trauma, Biological Repair and Tissue Regeneration and Novel Therapies for Components and Implants.

THE ARTHRITIS SOCIETY

For 65 years, The Arthritis Society has been setting lives in motion at work, life and play. As we mark September, Arthritis Awareness Month, we have an opportunity to put special focus on our work and express thanks for the generous support of donors and volunteers who make our work possible.

To kick off the month, we will be putting a spotlight on the impact of arthritis in the workplace. We'll also have announcements related to research funding, Canadian arthritis statistics and the launch of a new online educational resource.

Please be sure to visit The Society's home page frequently <http://www.arthritis.ca> throughout September for the latest updates.

CANADIAN ARTHRITIS NETWORK

We are pleased to announce the launch of Celebrating the Impact of Health Research: Success Stories in Arthritis, Bone, Muscle, Musculoskeletal Rehabilitation, Oral Health and Skin. This new publication is produced by the CIHR Institute of Musculoskeletal Health and Arthritis (IMHA) in partnership with the Canadian Arthritis Network (CAN). The stories in the publication highlight the significant impact health research can have in improving the health of Canadians. They underscore the value of collaboration between those who conduct research and those who use its results. The creation of this publication is another step in our knowledge translation work.

We are delighted to share these stories with you and encourage you to share them with your colleagues. The publication is available at www.cihr-irsc.gc.ca/e/47017.html. If you have any questions, please contact Emily.neff@utoronto.ca or lward@mtsinai.on.ca.

CANADIAN ARTHRITIS PATIENT ALLIANCE

Healthydebate.ca published an article submitted by CAPA President, Linda Wilhelm on patient centered care. The article has been tweeted several times and can be found at:

<http://healthydebate.ca/opinions/patient-centered-care-means-something-different-to-all>

CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS (CAOT)

CAOT is pleased to be partnering with the Conference Board of Canada: [Wellness and Sustainable Health Care Summit](#) October 30-31, 2013 Toronto, ON

In 2012, the Summit on Sustainable Health and Health care drew over 300 people to Toronto to discuss the challenges we face, and the actions required to fix the Canadian health care system. The 2013 Conference Board event will once again convene Canada's health system leaders to discuss the latest research, learn from top Canadian and international experts, and explore solutions for Canada's greatest health challenges and opportunities.

[Click here to register online](#) before August 30 and quote rebate code **PRM10** to save \$400 off of registration for this event!

MCCAIG INSTITUTE FOR BONE AND JOINT HEALTH

SAVE THE DATE: SECOND ANNUAL WOOD FORUM ON HIP AND KNEE OSTEOARTHRITIS: **Thursday, September 19th, 2013** at 7:00pm at the University of Calgary and **Thursday October 24th, at 7:00pm** at the University of Alberta.

A variety of topics will be covered including the work currently being conducted to improve care pathways for Albertans, a live hip replacement demo (Calgary), and guests will be invited to 'ask the experts' or participate in a break out session regarding their hip and knee health. Thanks to the generosity of the Wood family, this is a free public forum. Keep checking mccaiginstitute.com for more information.

OSTEOPOROSIS CANADA

PATIENT VIRTUAL EDUCATION FORUMS

Optimizing Nutrition for Bone Health

Wednesday, September 25, 2013 (1:30pm ET)

Presenter: Andrea Miller, MHS, RD

Register [NOW!](#)

For more information, visit our website at www.osteoporosis.ca

Visit our website to view one or more of our virtual education forums topics ranging from nutrition, to physical activity to medications. It is geared towards the needs and interests of people living with osteoporosis. For more information on past and upcoming virtual education forums, please visit our Virtual Education Forum web page <http://www.osteoporosis.ca/osteoporosis-and-you/copn/virtual-forum/>

THE ARTHRITIS SOCIETY-ONTARIO

Public Forum:

Join us for a free public forum and take some positive steps toward relief!

Learn the causes of arthritis pain, your treatment options and some practical ways that exercise can help. Watch live demonstrations of adapted exercises by the YMCA of Greater Toronto and the Taoist Tai Chi Society.

Keynote Speaker: Dr. Philip Baer, MB, FRCPC - Rheumatologist

Moderator: Sharon Caddy - CTS TV

Date: Tuesday, September 17, 2013

Time: 7:00-9:00 pm ET

Place: Courtyard Marriott
475 Yonge Street
Toronto, ON M4Y 1X7



Pre-registration is required: please call 1-800-955-0563

Arthritis Alliance of Canada Inaugural Conference and Research Symposium November 21-23, 2013, at the Westin Ottawa

Symposium sessions:

1. Thinking Big in Arthritis Research: Building on success
2. Understanding the Opportunities in Osteoarthritis for Patient Oriented Research
3. Understanding the Opportunities in Inflammatory Arthritis for Patient Oriented Research
4. Preparing for an Arthritis SPOR Network

Economic Club of Canada luncheon, Friday, November 22nd, 11:30 am - 1:00 pm

Featuring a healthcare reform expert panel

Registration opening soon!

Calendar of Events

Arthritis Awareness Month	September 2013	
Cochrane Collaboration Colloquium	September 19-23, 2013	Quebec City, QC
Int'l Association of Inflammation Societies (IAIS)	September 21-25, 2013	Natal RN, Brazil
American College of Rheumatology ASC	October 27-30, 2013	San Diego, USA
Nurse Practitioners' Association of Ontario	November 7-9, 2013	Toronto, ON
Ontario Orthopaedic Association AGM	November 13, 2013	Toronto, ON
Arthritis Alliance Conference and Research Symposium	November 21-23, 2013	Ottawa, ON
Bone & Joint Injury & Repair Conference	January 16-17, 2014	London, ON
Inflammatory Diseases: Recent Advances in Basic and Translational Research and Therapeutic Treatments	January 17-22, 2014	Vancouver, BC
Registered Nurses Association - Annual Nurse Executive Leadership Academy	February 9-12, 2014	TBD
Canadian Rheumatology Association Annual Scientific Meeting & AHPA Annual Meeting	Feb 26-Mar 1, 2014	Whistler, BC
Inflammation, Infection and Cancer	March 9-14, 2014	Whistler, BC
Innate Immunity, Metabolism and Vascular Injury	March 23-28, 2014	Whistler, BC
Ontario Physiotherapy Association - Inter-Action	March 28-30, 2014	Mississauga, ON
Canadian Foundation of Healthcare Improvement - Taming of the Queue	April 3-4, 2014	Ottawa, ON
Canadian Conference on Medical Education 2014	April 26-29, 2014	Ottawa, ON
Pediatric Orthopaedic Society of North America AGM	April 30-May 3, 2014	Hollywood, CA
Canadian Pain Society's 35 th Annual Scientific Meeting	May 20-23, 2014	Quebec City, QC
EULAR - European League Against Rheumatism	June 11-14, 2014	Paris, France

Member Organizations

Alberta Bone and Joint Health Institute
Arthritis & Autoimmunity Research Centre
Arthritis Community Research & Evaluation Unit
Arthritis Consumer Experts
Arthritis Health Professions Association
Arthritis Research Centre of Canada
Arthritis Research Foundation
The Arthritis Society
Bone and Joint Canada
Canadian Alliance of Pediatric Rheumatology Investigators
Canadian Arthritis Network
Canadian Arthritis Patient Alliance
Canadian Academy of Sports and Exercise Medicine
Canadian Association of Occupational Therapists
Canadian Chiropractic Association
Canadian Obesity Network
Canadian Orthopaedic Association
Canadian Orthopaedic Foundation
Canadian Physiotherapy Association
Canadian Rheumatology Association
Canadian Society for Exercise Physiology
Canadian Spondylitis Association
Cochrane Collaboration
Consumer Advisory Board of the Arthritis Research Centre of Canada
Consumer Advisory Council of the Canadian Arthritis Network
Institute for Work and Health
McCaig Institute for Bone and Joint Health
Patient Partners

Member Companies

AbbVie Corporation
Amgen Canada Inc.
Hoffmann -La Roche Limited
Janssen Inc.
Pfizer Canada Inc.
UCB Canada Inc

Want to help?

You can help and get involved by:

- Visiting www.ArthritisAlliance.ca
- Sending promotional material (Joint Action Executive Summary, website information) to your friends, family and colleagues
- Providing feedback. Give us your ideas
- Giving us an update to share with the group
- Telling us about your upcoming events, initiatives, and announcements that are aligned with the Framework
- Helping us to promote Joint Action on Arthritis
- Telling our story and telling yours
- Telling your friends and family
- Writing and calling your local MP/MPP, your Premier, Minister of Health, etc.
- Sharing on Twitter, Facebook, and other social media channels

THE ARTHRITIS ALLIANCE NEEDS TO HEAR YOUR SUCCESSES, STORIES AND PROJECTS THAT WILL SUPPORT THE FRAMEWORK EFFORT. IF YOU WOULD LIKE YOUR ORGANIZATION TO BE FEATURED HERE, PLEASE FORWARD YOUR SUBMISSIONS TO [JCOISH@MTSINAION.CA](mailto:jcoish@mtsinaion.ca).

ABOUT THE ARTHRITIS ALLIANCE OF CANADA

The Arthritis Alliance of Canada, formerly the Alliance for the Canadian Arthritis Program (ACAP), was formed in 2002. Its goal is to improve the lives of Canadians with arthritis.

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at 416-586-4685 or jcoish@mtsinaion.ca,
www.arthritisalliance.ca