

ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

November 2013
2 Days to the AAC conference!

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ARTHRITIS ALLIANCE INAUGURAL CONFERENCE AND RESEARCH SYMPOSIUM NOVEMBER 21-23, 2013, AT THE WESTIN OTTAWA!

Only two days to go for the Arthritis Alliance's first ever Conference and Research Symposium!

This event will bring together close to 200 of Canada's leading researchers and healthcare practitioners in the field of arthritis, as well as patients, with a single commitment to advancing innovation and patient care for Canadians with arthritis. The Symposium will showcase the latest scientific discoveries and highlight advances in clinical practice across the country.

To view the full conference program please click here:
<http://www.arthritisalliance.ca/home/index.php>



CIHR ANNOUNCES ITS SPOR NETWORK IN PRIMARY AND INTEGRATED HEALTH INNOVATIONS

The **SPOR Network in Primary and Integrated Health Care Innovations** is a key CIHR initiative under the Strategy for Patient-Oriented Research and the Community-Based Primary Health Care Signature Initiative. It is co-led by CIHR's Institutes of Population and Public Health (IPPH), Health Services and Policy Research (IHSPR), Aging (IA), and Human Development, Child and Youth Health (IHDCYH) in collaboration with Institute of Nutrition, Metabolism and Diabetes (INMD). The Network's overall goal is to support evidence-informed transformation and delivery of primary and integrated health care to improve individual and population health, health equity, and health system outcomes.

What is the SPOR Network in Primary and Integrated Health Care Innovations?

The [SPOR Network in Primary and Integrated Health Care Innovations](#) is a network of networks that builds on provincial/territorial/federal networks and national assets in community-based primary health care. It will foster a new alliance between research, policy and practice to create dynamic and responsive learning networks that develop, evaluate and scale up new approaches to the delivery of integrated and cost-effective services across and beyond sectors of health care; and contribute to improved health, health equity, and health system outcomes. The Network will focus on new approaches to the delivery of primary and integrated health care (including primary prevention) both horizontally and vertically across the care continuum to address:

- individuals with complex needs across the life course, showing capacity to evolve the network's scope over time to include age groups from children to older adults; and,
- multisector integration of upstream prevention strategies and care delivery models. A key element of this focus is the assessment of upstream predictors of high system use and subsequent identification and targeting of prevention strategies and interventions.



Community Updates

ARTHRITIS CONSUMER EXPERTS

Arthritis Consumer Experts has partnered with the Canadian Rheumatology Research Consortium (CRRC) to develop a clinical trial education and awareness program. The program includes an informational video, brochure and social media outreach program to help people with arthritis become more informed about clinical trials and to connect with the community. The program will launch in early December and highlights include:

- A video featuring an arthritis patient-rheumatologist fireside chat between Cheryl Koehn, the Founder and President of ACE and Dr. Ed Keystone, the Chairman of the CRRC and can be found online at <http://bit.ly/1eqssnQ>.
- A detailed brochure on clinical trials that can be found in CRRC member offices.
- A social media platform committed to community and shared arthritis trials experiences.
- A “research” channel on the Arthritis Broadcast Network at <http://arthritisbroadcastnetwork.org/topic/arthritis-research/> featuring the latest news and information on groundbreaking research and life-changing discoveries.

ALBERTA CHILDREN’S HOSPITAL

The Alberta Paediatric Rheumatology workforce has grown!

Two full time paediatric Rheumatologists, Nadia Luca and Susa Benseler, have joined the team at the Alberta Children’s Hospital, Heinrike Schmeling, Paivi Miettunen and Nicole Johnson. Nadia Luca successfully completed a Clinical Epidemiology MSc and received the Claire-Bombardier-Award for her outstanding thesis validating SUPERKIDZ (supervisor: Jen Stinson). Tommy Gerschmann, who has been a longstanding stronghold of the team, continues to provide excellent clinical care at ACH. Together with Janet Ellsworth in Edmonton, the Alberta team is currently establishing a training program to further improve access to paediatric rheumatology care for children across the prairies.

ARTHRITIS RESEARCH FOUNDATION

[Register](#) for Canada’s largest yoga fundraiser and on Sunday, March 2, 2014 help bring the Power of Movement to the 4.6 million people living with arthritis and autoimmune diseases. For information visit the website www.powerofmovement.ca See you on the mat! Like us on [Facebook](#) and/or follow us on Twitter @PowerofMovement



BONE & JOINT INJURY & REPAIR

There will be a Scientific Conference on Bone & Joint Injury & Repair sponsored by the Bone and Joint Health Interdisciplinary Program at Western University to be held in the London Convention Centre on Thursday, 16 Jan and Friday, 17 January, 2014. There is a call for presentation abstracts and poster abstracts, due by 1 October, 2013 (an extension of the 15 September date shown on the website) at www.boneandjoint.imaging.robarts.ca. Conference symposia will include sessions on Osteoarthritis, Inflammatory Arthritis, MSK Imaging, Evidence-based decision-making for Health Care Policy and Research, Orthopaedic Trauma, Biological Repair and Tissue Regeneration and Novel Therapies for Components and Implants.

CANADIAN CONNECTIVE TISSUE CONFERENCE

The annual Canadian Connective Tissue Conference (CCTC) serves as a vehicle to integrate a basic science and clinical understanding of connective tissues in health and disease, with an emphasis on bone, cartilage,

musculoskeletal tissue and skin. The objectives of this conference are to provide and share new knowledge to improve connective tissue health through research, facilitate interactions and collaborations among scientists across multiple fields, and to provide networking opportunities to junior scientists, post-doctoral fellows and graduate students. The 20th CCTC conference will take place at the Delta Armories in London, Ontario from June 9th-10th, 2014. For details, see <http://connective-tissue-canada.com/cctc-2014/>

CONSUMER ADVISORY BOARD OF THE ARTHRITIS RESEARCH CENTRE OF CANADA

Does a Google a Day Keep the Doctor Away? Reaching Out with Arthritis Research (ROAR) Public Forum on E-Health Ethics

The Consumer Advisory Board of the Arthritis Research Centre of Canada is hosting an event with patients with arthritis and other chronic illnesses, healthcare providers and other interested people to discuss the benefits and harms of online technologies in health and healthcare.

November 30th 2013 at 10:00am – 12:30pm (PST)

Please join us at Blusson Spinal Cord Centre, 818 West 10th Avenue or by live webcast. Follow on twitter at #eROAR13.

Registration coming soon at www.arthritisresearch.ca/ROAR.

Questions? E-mail ehhealth@arthritisresearch.ca or call 604-207-4006

EAST PRINCE HEALTH NETWORK

The East Prince Health Network located in Summerside, P.E.I., is seeking a General Internist to join four other internists on staff. A sub-speciality in Rheumatology would be considered an asset. The Prince County Hospital is a 102 bed regional hospital with an eight bed ICU that provides speciality services in Internal Medicine, General Surgery, Anesthesia, Obstetrics/Gynecology, Pediatrics, ENT and Psychiatry.

The physician shall be required to participate in on-call services as outlined by the Department of Internal Medicine. The physician must have eligibility or certification with the Royal College of Physicians and Surgeons of Canada and must be eligible to obtain a license with the College of Physicians and Surgeons of Prince Edward Island. For additional information please contact Dr. Wassim Salamoun, Medical Director, Prince County Hospital (902) 432-8181, wsalamoun@gov.pe.ca. To submit CV, please contact Sheila MacLean, RPR Physician Recruitment Coordinator (902) 368-6302 smmaclean@gov.pe.ca.

MCMASTER UNIVERSITY

Dr. James L. Henry (Professor Emeritus) and Chitra Laloo (PhD Candidate) of McMaster University were recently selected as finalists in *LiON'S LAIR 2013*, a "Dragon's Den"-like competition in Hamilton, Ontario. Their team pitched the *Pain-QuILT*TM, an online tool for the visual expression and electronic tracking of pain. The *Pain-QuILT*TM empowers consumers with a simple visual language to express their pain, such as a matchstick for burning pain. The tool aims to improve patient care by providing comprehensive information on the outcomes of arthritis management. A free demo is available at: <http://painquilt.mcmaster.ca>. This research has received support from the Canadian Arthritis Network and Chitra is a current TAS/CAN trainee.

THE ARTHRITIS SOCIETY

NATIONAL

Overcoming Fatigue

The Arthritis Society is proud to announce the launch of a new [online education portal](#), dedicated to giving Canadians living with arthritis the knowledge and tools they need to help self-manage their arthritis. The first course available on the portal is "**Overcome Fatigue: a 7-step Program**" with other courses to follow in the coming months. Fatigue is identified almost as frequently as pain as the biggest challenge of living with arthritis, which makes being able to manage fatigue so important. The education portal can be found at education.arthritis.ca, and is available completely free of charge.

BC & YUKON DIVISION

Peter Marshall Summits Mt. Rainier for The Arthritis Society

This summer, 33 year old Peter Marshall met his goal – to climb to the summit of Mt. Rainier to raise awareness and funds for The Arthritis Society, BC & Yukon Division. Peter is no ordinary climber or fundraiser, however. Diagnosed in 2010 with Granulomatosis with Polyangiitis, this former competitive athlete was left with only 60% lung function. His goal was to raise a dollar for every vertical foot of the 14,411 foot climb, and the results exceeded the hopes with over \$15,000 being raised.

Alongside rheumatologist Dr. David Collins, Peter will be presenting at our “Rare Forms of Arthritis” public forum on November 20th about life after diagnosis. To see and learn more about Peter’s incredible journey, visit: <http://www.youtube.com/watch?v=sLCYK42fS74> and <https://www.facebook.com/TheAutoimmuneExpedition>.

Calendar of Events

Arthritis Alliance Conference and Research Symposium	November 21-23, 2013	Ottawa, ON
Bone & Joint Injury & Repair Conference	January 16-17, 2014	London, ON
Inflammatory Diseases: Recent Advances in Basic and Translational Research and Therapeutic Treatments	January 17-22, 2014	Vancouver, BC
Registered Nurses Association - Annual Nurse Executive Leadership Academy	February 9-12, 2014	TBD
Inflammatory Bowel Diseases, 9th Congress of the European Crohn's and Colitis Organisation	February 20-22, 2014	Copenhagen, Denmark
Canadian Rheumatology Association Annual Scientific Meeting & AHPA Annual Meeting	Feb 26-Mar 1, 2014	Whistler, BC
Power of Movement	March 2, 2014	Nation wide
Inflammation, Infection and Cancer	March 9-14, 2014	Whistler, BC
American Association of Orthopaedic Surgeons Annual Meeting	March 11-15, 2014	New Orleans, LA
Orthopaedic Research Society Annual Meeting	March 15-18, 2014	New Orleans, LA
Innate Immunity, Metabolism and Vascular Injury	March 23-28, 2014	Whistler, BC
Society of Rural Physicians of Canada - 22nd Annual Rural and Remote Medicine Course	March 27-29, 2014	Banff, BC
Ontario Physiotherapy Association - Inter-Action	March 28-30, 2014	Mississauga, ON
Canadian Foundation of Healthcare Improvement - Taming of the Queue	April 3-4, 2014	Ottawa, ON
11th Annual BIO Asia International Conference	April 8-9, 2014	Tokyo, Japan
Ontario Gerontological Association Annual Conference	April 9-10, 2014	Toronto, ON
Society for Biomaterials Annual Meeting & Exposition	April 16-19, 2014	Denver, CO
Canadian Conference on Medical Education 2014	April 26-29, 2014	Ottawa, ON
Pediatric Orthopaedic Society of North America AGM	April 30-May 3, 2014	Hollywood, CA
Canadian Orthopaedic Nurse Association Conference	May 4-7, 2014	Calgary, AB
GTA Rehab Network - Best Practices Day	May 5, 2014	Toronto, ON
Saskatchewan Health Quality Council Inspire: Health Care Quality Summit	May 6-8, 2014	Saskatoon, SK
Canadian Association of Occupational Therapists Annual Conference	May 7-10, 2014	Fredericton, NB
Primary Care Today Conference	May 7-10, 2014	Toronto, ON
Laurentian Conference of Rheumatology	May 8-10, 2014	Tremblant, QC
11th Annual World Congress on Industrial Biotechnology	May 12-15, 2014	Philidelphia, PA
Global Summit on the Physical Activity of Children	May 19-22, 2014	Toronto, ON
Canadian Pain Society's 35 th Annual Scientific Meeting	May 20-23, 2014	Quebec City, QC

Ontario Rheumatology Association AGM	May 23-25, 2014	Muskoka, ON
Canadian Pharmacists Association Conference	May 21-June 3, 2014	Saskatoon, SK
Canadian College of Health Leaders and Canadian Healthcare Association - Raising the bar: A critical time for bold leadership	June 2-3, 2014	Banff, AB
Canadian Connective Tissue Conference	June 8-10, 2014	London, ON
EULAR - European League Against Rheumatism	June 11-14, 2014	Paris, France
Canadian Nurses Association Biennial Convention	Jun 16-18, 2014	Winnipeg, MB
International Conference with FIMS (International Sport Medicine Federation)	June 17-21, 2014	Québec, QC
Canadian Orthopaedic Association AGM	June 18-21, 2014	Montréal, QC
Canadian Physiotherapy Association National Congress	June 19-22, 2014	Edmonton, AB
Canadian Paediatric Society Annual Conference	June 25-28, 2014	Montréal, QC
Biotechnology Industry Organization International Convention	June 23-26, 2014	San Diego, CA
Council of the Federations (COF) - 2014 Council of the Federation Summer Meeting	August 26-30, 2014	Charlottetown, PEI
American Society for Bone & Mineral Research	October 12-15, 2014	Houston, TX
Canadian Association of Critical Care Nurses - Dynamics of Critical Care Conference	September 21-23, 2014	Québec, QC
Cochrane Collaboration Colloquium	September 21-26, 2014	Hyderabad, India
Quebec Rheumatology Association	October 23-25, 2014	Québec, QC

Member Organizations

Alberta Bone and Joint Health Institute
Arthritis & Autoimmunity Research Centre
Arthritis Community Research & Evaluation Unit
Arthritis Consumer Experts
Arthritis Health Professions Association
Arthritis Research Centre of Canada
Arthritis Research Foundation
The Arthritis Society
Bone and Joint Canada
Canadian Alliance of Pediatric Rheumatology Investigators
Canadian Arthritis Network
Canadian Arthritis Patient Alliance
Canadian Academy of Sports and Exercise Medicine
Canadian Association of Occupational Therapists
Canadian Chiropractic Association
Canadian Obesity Network
Canadian Orthopaedic Association
Canadian Orthopaedic Foundation
Canadian Physiotherapy Association
Canadian Rheumatology Association
Canadian Society for Exercise Physiology
Canadian Spondylitis Association
Cochrane Collaboration
Consumer Advisory Board of the Arthritis Research Centre of Canada
Consumer Advisory Council of the Canadian Arthritis Network
Institute for Work and Health
McCaig Institute for Bone and Joint Health
Patient Partners

Member Companies

AbbVie Corporation
Amgen Canada Inc.
Hoffmann -La Roche Limited
Janssen Inc.
Pfizer Canada Inc.
UCB Canada Inc

Want to help?

You can help and get involved by:

- Visiting www.ArthritisAlliance.ca
- Sending promotional material (Joint Action Executive Summary, website information) to your friends, family and colleagues
- Providing feedback. Give us your ideas
- Giving us an update to share with the group
- Telling us about your upcoming events, initiatives, and announcements that are aligned with the Framework
- Helping us to promote Joint Action on Arthritis
- Telling our story and telling yours
- Telling your friends and family
- Writing and calling your local MP/MPP, your Premier, Minister of Health, etc.
- Sharing on Twitter, Facebook, and other social media channels

THE ARTHRITIS ALLIANCE NEEDS TO HEAR YOUR SUCCESSES, STORIES AND PROJECTS THAT WILL SUPPORT THE FRAMEWORK EFFORT. IF YOU WOULD LIKE YOUR ORGANIZATION TO BE FEATURED HERE, PLEASE FORWARD YOUR SUBMISSIONS TO jcoish@mtsinaion.ca.

ABOUT THE ARTHRITIS ALLIANCE OF CANADA

The Arthritis Alliance of Canada, formerly the Alliance for the Canadian Arthritis Program (ACAP), was formed in 2002. Its goal is to improve the lives of Canadians with arthritis.

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at 416-586-4685 or jcoish@mtsinaion.ca,
www.arthritisalliance.ca