

### Table of Contents

<b>ARTHRITIS ALLIANCE OF CANADA</b> .....	1
AAC 2018 Research Awards Program: Update .....	1
AAC Staffing Update: Jaime Coish Resignation .....	2
Arthritis Alliance of Canada 2018 Annual Meeting, November 21-22 .....	2
<b>MEMBER'S CORNER</b> .....	2
<b>ARTHRITIS CONSUMER EXPERTS</b> .....	2
New ArthritisBC + Me Portal .....	2
<b>ARTHRITIS RESEARCH CANADA</b> .....	3
Arthritis Research Canada continues to lead way to life-changing research.....	3
British Columbia .....	3
Alberta .....	3
Quebec .....	3
Reaching Out with Arthritis Research 2018: Prevent. Thrive. Find Answers. ....	3
<b>ARTHRITIS SOCIETY: NATIONAL OFFICE</b> .....	3
That's a Wrap!.....	3
<b>CANADIAN ORTHOPAEDIC FOUNDATION AND BONE AND JOINT CANADA</b> .....	4
Health Quality Ontario Health Technology Assessment.....	4
<b>CANADIAN RHEUMATOLOGY ASSOCIATION</b> .....	4
CRA Launches New Website and Member Portal.....	4
<b>McCAIG INSTITUTE FOR BONE AND JOINT HEALTH</b> .....	4
Cy Frank Legacy Lecture .....	4
<b>COMMUNITY UPDATES</b> .....	4
<b>THE ADVANCED CLINICIAN PRACTITIONER IN ARTHRITIS CARE PROGRAM</b> .....	5
ACPAC Program is Celebrating Its 10 <sup>th</sup> Year!.....	5
<b>CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA NETWORK</b> .....	5
McGill University Health Centre .....	5
University of Montreal.....	5
<b>Calendar of Events</b> .....	6
<b>ABOUT THE ARTHRITIS ALLIANCE OF CANADA</b> .....	6

### ARTHRITIS ALLIANCE OF CANADA AAC 2018 Research Awards Program: Update

The “Call for Applications” for the 3<sup>rd</sup> round of the AAC Research Awards completed on **Tuesday, July 31<sup>st</sup>**, 2018. This awards cycle identified a total of **fifty-two (52) applications** for **eight awards**, valued at \$750 CAD/award. AAC will commence review of the applications over the coming weeks. Awards are expected to be presented to the winning applicants at the AAC 2018 Annual Meeting, on Wednesday, November 21<sup>st</sup> in Toronto. Big “Thank You” to our sponsors!

Name of the Research Award	Sponsor of the Award
1. Master Student	<a href="#">McCaig Institute for Bone and Joint Health</a>
2. PhD Student	<a href="#">Arthritis Consumer Experts</a>
3. Post-doctoral Fellow	<a href="#">CIHR Institute of Musculoskeletal Health and Arthritis</a>
4. Early Career Researcher (Early Career Faculty Member/Investigator) in <i>Basic/Clinical science</i>	<a href="#">CIHR Institute of Musculoskeletal Health and Arthritis</a>
5. Early Career Researcher (Early Career Faculty Member/Investigator) in <i>Health Science/Population Health</i>	<a href="#">Arthritis Research Canada</a>
6. Patient for active engagement in arthritis research	<a href="#">The Arthritis Society</a>
7. Knowledge Translation Research	<a href="#">Bone and Joint Institute of the University of Western Ontario</a>
8. Knowledge Translation Practice	

*Thank you all for your great support in making this AAC program a successful effort once again!*

## AAC Staffing Update: Jaime Coish Resignation

It is with very mixed emotions that we announce the resignation of **Jaime Coish**, Executive Director of the Arthritis Alliance of Canada, having made the decision not to return to work from her maternity leave beginning of September and devote more time to her little girl.

Jaime has been with the Arthritis Alliance of Canada (AAC), formerly the Alliance for the Canadian Arthritis Program (ACAP) for 10 years. Jaime joined the coalition as a Program Manager in 2008, and she was then promoted to an Executive Director role in 2014. In her role as an Executive Director, Jaime supervised development and dissemination of successful arthritis-related initiatives across Canada, including a Pan-Canadian Approach to IA Models of Care framework, development and implementation of OA Tool for family practice and national advocacy and awareness campaigns. Jaime's skills and determination to make things happen will be missed by the organization, and those of us fortunate enough to work closely with her will also miss her positivity, passion and commitment.



**Please join us in thanking Jaime for her contribution to the Alliance and wishing her and her family the very best with their future! We will miss you, Jaime!**



### Arthritis Alliance of Canada 2018 Annual Meeting, November 21-22 at the Sheraton Center Downtown Toronto Hotel

The AAC 2018 Annual Meeting, entitled “*Arthritis Alliance of Canada: Celebrating Our Successes and Planning for the Future*”, will be hosted in partnership with Arthritis Society and CIHR Institute of Musculoskeletal Health and Arthritis.

It will kick-start with a Gala Dinner on **Wednesday, November 21<sup>st</sup>** at 7:00 pm EST, followed by a full-day program on **Thursday, November 22<sup>nd</sup>** until 5:00 pm EST. The registration process will be open soon; stay tuned for a registration link to follow!

*We look forward to your participation in Toronto!*

## MEMBER'S CORNER

### ARTHRITIS CONSUMER EXPERTS

#### New ArthritisBC + Me Portal



Launched in November 2017, the [ArthritisBC+Me](#) portal is a centralized website designed to help British Columbia patients learn about arthritis and the currently available arthritis programs and resources in the province. The first of its kind in Canada, the portal is the product of collaboration between the program's partners: Arthritis Consumer Experts who serves as the Secretariat, Mary Pack Arthritis Program, Arthritis Research Canada, the Arthritis Society, BC Society of Rheumatologists and Osteoarthritis Service Integration System (OASIS). ACE helps lead social media campaigns to drive patient engagement with the portal and is pleased to share details on the most current campaign called #MySummerWithArthritis, now live on [Twitter](#) and [Facebook](#).

During July and August, members of BC's arthritis community will be sharing and posting resources to help patients get the most out of summer while living with arthritis. Topics will include travelling, physical activity, goal-setting, education, medication, research and summertime self-care strategies.

**Arthritis Research Canada continues to lead way to life-changing research**

**British Columbia**

July was a big month, as ARC researchers received close to \$1-million in grant funding. Dr. Jolanda Cibere was awarded a CIHR grant to investigate the effect of hip impingement on cartilage damage and osteoarthritis using magnetic resonance imaging. ARC’s Drs. Linda Li and John Esdaile, along with several co-investigators, received funding to create and test a super-app to improve care for people living with knee OA. ARC research scientists – including Drs. Antonio Aviña-Zubieta, Diane Lacaille, Claire Barber, John Esdaile, Linda Li, and Hui Xie – received funding to develop and test automatic reminders for family doctors to integrate into electronic medical records to improve quality of care and prevent complications for patients living with rheumatoid arthritis.

**Alberta**

Dr. Cheryl Barnabe, ARC Calgary senior research scientist, and Dr. Adalberto Loyola-Sánchez, ARC research trainee, and a team of co-investigators received a Canadian Rheumatology Association grant to improve the function and quality of life of people living with arthritis in the Siksika Nation in southern Alberta. This grant will allow researchers to develop collaborative interventions – including a support group and community awareness strategy – alongside Siksika members and elders. These interventions will be founded in the Blackfoot worldview that physical, mental, emotional and spiritual balance is necessary to be well, functional and healthy.

**Quebec**

Dr. Paul Fortin, ARC Quebec senior research scientist, and two other investigators will create an online, interactive arthritis guide specifically for rheumatoid arthritis patients over the next two years thanks to a Canadian Rheumatology Association grant. This guide will build on the existing, bilingual “My Lupus Guide” created by Arthritis Research Canada and will give patients access to reliable information about RA to help them make well-informed choices about treatment and lifestyle. The ultimate goal is to provide people with RA with a resource that will help them maintain a high quality of life and prevent long-term complications.

**Reaching Out with Arthritis Research 2018: Prevent. Thrive. Find Answers.**

Want to learn about the latest advancements in arthritis prevention and treatments? Join us for Reaching Out with Arthritis Research 2018 on **Saturday, September 29<sup>th</sup>**.

This annual public forum, hosted by Arthritis Research Canada’s Patient Advisory Board, is a chance to hear from leading arthritis experts. They’ll cover everything from how to prevent arthritis to medication safety during pregnancy to joint replacement surgery to basic and cutting-edge assistive devices and activity modifications to why arthritis research matters and more. You’ll even have the opportunity to ask questions!



Register online at: <http://www.arthritisresearch.ca/roar>.

ARTHRITIS SOCIETY: NATIONAL OFFICE

**That’s a Wrap!**



Thirty excited kids from across British Columbia came to Camp to help make our 36th year one of the best yet! Campers got to try out new activities and experiences, while making memories with new friends. Former campers and friendly faces returned as counsellors this year, and led a wide range of activities including a private climbing wall, a field trip to the Britannia Mining Museum where the kids got to see the underground tunnels and pan for gold, and a picnic at the beach with kites sailing high!

Old school games like Password are a favourite, with the campers teaming up to play with their rheumatologists. This gives the kids a chance to hang out with their doctor in a totally different and light-hearted dynamic. The doctors had a great time too, taking the hot-seat during the most competitive rounds of Password! We had many new campers attend who made fast friends, and had the opportunity to try new things, grow their confidence and increase their knowledge.

# COMMUNITY UPDATES

## CANADIAN ORTHOPAEDIC FOUNDATION AND BONE AND JOINT CANADA

### Health Quality Ontario Health Technology Assessment

For millions of people across Canada Osteoarthritis (OA) of the knee and hip results in pain and limits their function making it a pressing concern for our health care system. Health Quality Ontario have completed a health technology assessment to determine if education and neuromuscular exercise are a cost-effective treatment strategy to help individuals manage their OA. This work was undertaken to determine the cost effectiveness of the GLAD program. The findings are positive and the recommendation is that the program be publicly funded. The report is out for public consultation and can be accessed at <http://www.hqontario.ca/Evidence-to-Improve-Care/Health-Technology-Assessment/Reviews-And-Recommendations/Structured-Education-and-Neuromuscular-Exercise-Program-for-Hip-and-or-Knee-Osteoarthritis>.



Please find time in your busy schedule to review the recommendations and provide comment so that the government in Ontario can hear the united voice of the arthritis community on the need for access to evidence based treatments. If you are able please share the link broadly with your colleagues and patients.

The GLAD program is licensed by the Canadian Orthopaedic Foundation and is being implemented across Canada through Bone and Joint Canada. Information about GLAD, including the locations currently offering the program can be found at the web site <http://gladcanada.ca>.

## CANADIAN RHEUMATOLOGY ASSOCIATION

### CRA Launches New Website and Member Portal

The CRA is pleased to announce a new and improved, mobile-friendly and easy-to-navigate website! This website has been redesigned to intuitively connect you with the information and resources you use most and also features a member portal that provides direct access to your membership profile and other important information. See it here: [www.rheum.ca](http://www.rheum.ca).



## McCAIG INSTITUTE FOR BONE AND JOINT HEALTH

### Cy Frank Legacy Lecture



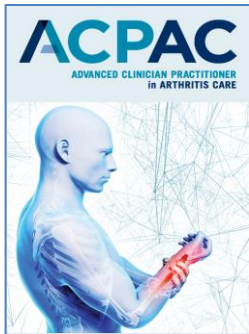
The McCaig Institute for Bone and Joint Health is pleased to announce that this year's Cy Frank Legacy Lecturer is Professor Dame Sally Davies, Chief Medical Officer for England and Chief Medical Advisor to the UK Government. Her presentation is titled: "Compression of Morbidity: The Role of Big Data. Are there

lessons for Canada?" She will give three presentations across Canada:

- **Toronto:** Tuesday, September 11, 4:30 – 6:00 p.m., Auditorium, Women's College Hospital. For more information please contact [dom.events@utoronto.ca](mailto:dom.events@utoronto.ca)
- **Calgary:** Wednesday, September 12, 4:00 - 5:00 p.m. Libin Theatre, Health Sciences Centre, University of Calgary. Tickets and information at [cyfranklecture.eventbrite.ca](http://cyfranklecture.eventbrite.ca)
- **Vancouver:** Friday, September 14, CAHS Annual Forum and General Meeting, 8:40 – 9:15 a.m., Marriott Pinnacle Downtown Hotel. For more information, visit [www.cahs-acss.ca](http://www.cahs-acss.ca).

The Cy Frank Legacy Lectureship honours and commemorates the late Dr. Cy Frank, an internationally acclaimed visionary who championed the application of research to create solutions for patients. The lectureship showcases individuals who reflect the passion of Dr. Frank.

**ACPAC Program is Celebrating Its 10<sup>th</sup> Year!**



ACPAC is a hybrid academic and clinical post-licensure level training program designed to prepare experienced physical therapists, occupational therapists, and nurses for extended practice roles in the diagnosis and management of patients with arthritis. The program promotes the development of extended role practitioners and innovative models of arthritis care which are associated with improved patient outcomes.

2018 has been an exciting year for the ACPAC program. We have just completed our 10th year of program and will be graduating a full cohort of 10 trainees. We have recently accepted another 11 trainees into the 2018-2019 program. We have been also successful in securing funding for the 2018-19 program and the Ministry of Health and Long-Term Care has committed to lead a process over the coming year to establish the sustainability of the ACPAC program going forward. For more details about our program, visit <https://acpacprogram.ca/news/>.

**CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA NETWORK**



The CANRAD Network team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. We held a CANRAD Network Meeting during the 2018 CRA Annual Scientific Meeting & AHPA Annual Meeting in Vancouver, BC and we will be organizing a CANRAD Network Webinar this fall! For more information pertaining to our webinars or all other information concerning the CANRAD Network, please contact at [autumn.neville@rimuhc.ca](mailto:autumn.neville@rimuhc.ca) or visit our website <http://www.canradnetwork.ca/>.

The Canadian Network for Advanced Interdisciplinary Methods for comparative effectiveness research (CAN-AIM) objective is to respond to key knowledge gaps regarding drug safety and effectiveness by answering queries which arise from Health Canada and other regulatory parties. We are currently working with several enhanced cohorts, including PiMS, CATCH, CanHepC and GENESIS-PRAXY, as well as responding to a number of queries from Health Canada. Our team has collaborated with DSECT's webinar series; we encourage you to participate in the very informative sessions. For information on our queries, on our upcoming webinars or for more information on our team, please contact at [autumn.neville@rimuhc.ca](mailto:autumn.neville@rimuhc.ca) or visit our website <http://canaim.ca/>.



**McGill University Health Centre**



Interesting research projects are underway at the Research Institute of the McGill University Health Centre (RI MUHC), led by rheumatologist Dr. Evelyne Vinet. To improve strategies for health professionals counselling pregnant women with rheumatic disease, her team is conducting a focus group study assessing the clinical and psychosocial needs, barriers, and facilitators to pregnancy counselling in women with RA and SLE. She is also building the Lupus prEGnAnCY (LEGACY) cohort, a large, multi-centre, international prospective cohort of SLE pregnancies, to evaluate adverse pregnancy outcomes, their predictors, and potential preventive therapies.

A Canadian Initiative for Outcomes Research in Arthritis (CIORA) funded randomized controlled trial is underway assessing an educational tool for improving preeclampsia knowledge in pregnant women with SLE. For more information pertaining to our RI MUHC activities, fundraising efforts and our Lupus Clinic, please contact [autumn.neville@rimuhc.ca](mailto:autumn.neville@rimuhc.ca).

**University of Montreal**

We are looking for occupational therapists working in pediatric rheumatology clinics with adolescents living with arthritis to participate in a study. The occupational therapist must be working in Quebec or Ontario and be able to speak English or French. The study aims to learn about occupational therapists' perceptions of their role and service provision during transitional care specifically focused on facilitating socio-professional integration of adolescents with juvenile idiopathic arthritis. As part of this study, you will be invited to participate in a single one-hour individual interview. If you are interested, please contact Sabrina Cavallo, at 514-343-7217 or by email at [sabrina.cavallo@umontreal.ca](mailto:sabrina.cavallo@umontreal.ca).





# Calendar of Events

Juvenile Arthritis Conference	August 2-5, 2018	Washington, DC
10 <sup>th</sup> Orthopedics, Orthopedic Nursing, Rheumatology Annual Meeting and Expo	August 31-September 1, 2018	Toronto, Ontario
25 <sup>th</sup> European Paediatric Rheumatology Congress (EPRC)	September 5-8, 2018	Lisbon, Portugal
Course on Sonoguided Interventions and Procedures in Musculoskeletal Diseases CAOT Conference 2018	September 12-14, 2018	Barcelona, Spain
Cardio-Rheumatology Scientific Day	September 14, 2018	Toronto, Ontario
2018 Cochrane Colloquium	September 16-18, 2018	Edinburgh, UK
BRIESE: British Columbia Rheumatology Invitational Education Series	September 28-29, 2018	Vancouver, British Columbia
Reaching Out with Arthritis Research (ROAR)	September 29, 2018	Burnaby, British Columbia
9 <sup>th</sup> European Congress on Rheumatology, Autoimmunity and Orthopedics	October 16-17, 2018	Warsaw Poland
ACR/ARHP Annual Meeting 2018	October 19-24, 2018	Chicago, Illinois
CRA Canada Night in Chicago	October 22, 2018	Chicago, Illinois
Canadian Obesity Network 7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity	October 24-26, 2018	Calgary, Alberta
Arthritis Day for Primary Care Clinicians	October 27, 2018	Li Ka Shing Knowledge Institute, University of Toronto, Ontario
Canadian Physiotherapy Association Congress, Palais des congrès de Montréal	November 1-3, 2018	Montreal, Quebec
World Congress on Controversies, Debates and Consensus in Bone, Muscle and Joint Diseases (BMJD)	November 8-10, 2018	Bangkok, Thailand
Arthritis Forum	November 10, 2018	Palais des congrès de Montréal, Montréal, Quebec
World Congress on Osteoporosis, Osteoarthritis, and Musculoskeletal Diseases	November 14-15, 2018	Tokyo, Japan
<b>Arthritis Alliance of Canada (AAC) 2018 Annual Meeting</b>	<b>November 21-22, 2018</b>	<b>Toronto, Ontario</b>
CRA Annual Scientific Meeting and AHPA Annual Meeting	February 27- March 2, 2019	Montreal, Quebec
World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases (WCO IOF-ESCEO)	April 4-7, 2019	Paris, France
CARRA Annual Meeting	April 10-14, 2019	Louisville, Kentucky
2019 EULAR – The European Congress of Rheumatology	June 12-15, 2019	Madrid, Spain

## ABOUT THE ARTHRITIS ALLIANCE OF CANADA

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

**For more information about the Arthritis Alliance, please contact:** Lina Gazizova at [lgazizova@arthritisalliance.ca](mailto:lgazizova@arthritisalliance.ca) or visit our website: [www.arthritisalliance.ca](http://www.arthritisalliance.ca).